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December
2025

ELLIOTT EXPRESS



Mission Statement

Quality choices in a caring and inclusive, home-like community.

A tradition of promoting dignity and independence for those we serve and their families.

As we come together to celebrate the warmth and comfort of the holiday season, The Elliott Community sends heartfelt wishes to everyone who lives here and their families. This time of year always reminds us of the joy found in connection, kindness, and the simple moments we share.

May your homes and hearts be filled with peace, love, and laughter as we welcome 2026. We're truly grateful for the trust you place in us and for the everyday moments of joy, support, and togetherness that make our community feel like home.

Wishing you good health, happiness, and special moments with the people you love in the year ahead. Here's to a bright

Joke Junction

and hopeful 2026, together.































DECEMBER OUTINGS



Guelph Storm Game Outing
Sunday December 7th Leaving at 1:15pm
Cost is \$10 transportation plus spending money

Bingeman's Festival of Lights Outing Wednesday December 10th Leaving at 4:30pm Cost is \$18 transportation plus cost of ticket

Guelph Little Theatre Alice in Wonderland Outing Saturday December 13th- Leaving at 1:15 p.m. Cost is \$35 which includes cost of ticket and transportation

Bingeman's Festival of Lights Outing Monday December 22nd Leaving at 4:30pm Cost is \$18 transportation plus cost of ticket

All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.

December Community Centre/Chapel Programs & Events

<u>Wednesday December 10th at 2:00pm</u>

Light Shine Singers Choir Holiday Concert <u>Thursday December 11th at 2:00 pm</u>

Birthday Party with Rob Edlefsen Entertaining

<u>Monday December 15th at 2:00pm</u>

Joy of Music Holiday Concert featuring

Elliott Community Music Groups

Monday December 15th 6:30-7:30pm

Social Hour & Classical Piano Recital with Connor

Tuesday December 16th at 10:00am

St. Andrew's Presbyterian Service

Wednesday December 17th at 10:00am

Roman Catholic Mass

Monday December 22nd at 2:00pm

Christmas Party with Brent Meidinger Entertaining

Wednesday December 24th at 2:00pm

Christmas Eve Service with Pastor Mike

<u>Wednesday December 30th at 2:00pm</u>

Accordion with Gary

Wednesday December 31st at 2:00pm

New Year's Eve Party with Doug MacKenzie as Elvis

entertaining



The Big Holiday Draw

\$500 Amazon Gift Card

Tickets are \$25 EACH on sale at The General Store

All proceeds support the transforming together campaign. Helping us expand the Butterfly Approach and person-centred care across our community and beyond. The Elliott Community's vision is for all who live here to experience lives full of joy, purpose, community, and connection.

DRAW DATE: WEDNESDAY, DECEMBER 3rd

We're excited to share that our Giving Tuesday and Holiday
Campaign officially launch on Tuesday, December 2nd, and will run
through the end of January. As part of the celebration, we'll be
unveiling the Elliott Holiday Wish Book, featuring a selection of
meaningful "wishes" you can help make come true in support of our
Transforming Together campaign.

This year's wishes include opportunities to support:
Personalized activity boxes, Resident mailboxes, Theme walls, Front door wraps, Kitchenette spaces, Harvest tables Or a donation of any amount toward the campaign

Each wish directly supports our mission to transform together through person-centered care across our long-term care home, retirement community, and beyond.

More details will be shared on Giving Tuesday, we can't wait to launch this special season of giving with you!

Working on our Wings

Updates on The Butterfly Approach for Residents and Families

The Elliott Community is the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, personcentred and emotion-focused model of care. The Wellington, Fountain and Edinburgh home areas. The Butterfly Approach is in progress on the Eramosa and Paisley home areas. The Elliott Community is working towards accreditation in all long-term care home areas in 2026.

Looking for Mugs

Do you have a cupboard full of coffee mugs collecting dust? If you do, please consider bringing them to The Elliott. We are collecting different mugs to make coffee or tea time feel more home. Colourful, funny and unique mugs that are average sized and dishwasher safe are preferred.

If you have mugs to donate, please bring them to Lindsay Marinovic's office in the orange hallway on the Wellington home area. Thank you for contributing!

Working on our Wings

Safe Access to the Outdoors in the Winter

We recognize that fresh air and access to the outdoors is important year round. As winter weather approaches, snow and ice may cover our courtyard walkways creating a risk of slips and falls. We will post a sign at the courtyard door when the courtyard is not safe to access. Please be sure to check if you are thinking of heading out. If the courtyard is closed and you'd like some fresh air, please speak to a team member about accessing the balconies on the home areas which are better protected from the elements. If snow and cold are not for you, we invite you explore the beautiful areas indoors where we have brought the outside in through murals, artwork, ceiling tiles and plants.

If you have questions or ideas regarding The Butterfly Approach, please contact Lindsay Marinovic, Resident Experience Lead at 519-822-0491 ext. 2110 or LMarinovic@elliottcommunity.org.





INFECTION CONTROL & PREVENTION UPDATE

<u>Clean Hands = Healthy Holidays!</u>

As we enter the winter season, we start to see more colds, flu, and other infections circulating in the community. One of the best and easiest ways for residents, family members, and visitors to help keep everyone safe is good hand hygiene.

Why Hand Hygiene Is So Important

Many illnesses spread through hands — even when they look clean. During the winter months, more time indoors and holiday gatherings make it easier for germs to travel from person to person.

Practicing good hand hygiene helps protect:

Our residents

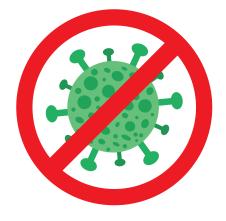
✓ Visiting family and friends

■Staff and volunteers

✓The entire home from outbreaks
Winter Skin Tip

Cold weather can dry out skin. Moisturizing regularly helps keep skin healthy and prevents irritation. If residents need help with lotion, please let nursing staff know.







INFECTION CONTROL & PREVENTION UPDATE

When Should Residents, Visitors & Families Clean Their Hands?

Please clean your hands:

For Visitors & Families:

- When entering and leaving the home
 - **☑**Before and after visiting a resident
- ✓After touching shared surfaces (elevator buttons, door handles, tables, etc.)
 - Before participating in group activities or holiday events
 - ✓After coughing, sneezing, or blowing your nose For Residents:
 - **V**Before meals and snacks
 - ✓After using the bathroom
 - After coughing, sneezing, or wiping your nose
 - **☑**Before group programs or social events
 - **☑**Anytime hands feel greasy or dirty

Hand sanitizer stations are available throughout the home

Please use them often!

Holiday Visiting Reminder

To keep everyone safe during the busy holiday season:

- ☑If you're feeling unwell (cough, fever, runny nose, sore throat), please delay your visit.
 - Consider wearing a mask during busy visiting times.
 - ✓ Clean your hands often, especially before interacting closely with residents.
- IPAC Myth-Buster: "Hand sanitizer doesn't work only soap and water do."
 - X Myth: Hand sanitizer isn't effective.
- ▼Fact: Alcohol-based hand sanitizer kills most common winter viruses and is safe and effective when hands are not visibly dirty. It's an easy and reliable way to protect residents.



General Store Hours of Operation

	Morning	Afternoon
Monday	9:30-11:30am	12:15-3:30pm
Tuesday	9:30-12:30	1:30-3:30
Wednesday	9:30-12:30pm	12:30-3:30pm
Thursday	9:30-12:30pm	12:30-2:20
Friday	9:30 - 12:00pm	Closed
Saturday	Closed	1:30-3:30pm
Sunday	9:30-12:30pm	Closed

Thank you for your business!